



**Register today for a FREE one-day
Seeking Safety Training!**

Open to anyone who works with youth in Skagit County!



Thursday, February 1, 2018

9:00am - 4:00pm

Skagit Publishing
1215 Anderson Road
Mount Vernon, WA 98274

<https://www.eventbrite.com/e/seeking-safety-training-tickets-41149799157>

By the end of the day, you will be able to:

- * Implement Seeking Safety with adults and/or adolescents
- * Review research and clinical issues in treating trauma and substance abuse
- * Increase empathy and understanding of trauma and substance abuse
- * Learn how to conduct Seeking Safety, an evidence-based model for trauma and/or substance abuse
- * Obtain assessment and treatment resources
- * For more information on Seeking Safety, visit www.seekingsafety.org

Lunch is included. Clock hours will be provided by Skagit County Public Health for participants who complete the full training.

Questions?

Contact Alicia Hughes, Skagit County Public Health
at 360-416-1546 or aliciah@co.skagit.wa.us