



**Register today for a **FREE** one-day  
**Seeking Safety Training!****

Open to anyone who works with youth in Skagit County!



**Friday, February 2, 2018**

9:00am - 4:00pm

Skagit Publishing  
1215 Anderson Road  
Mount Vernon, WA 98274

**<https://www.eventbrite.com/e/seeking-safety-training-tickets-41149890430>**

By the end of the day, you will be able to:

- \* Implement Seeking Safety with adults and/or adolescents
- \* Review research and clinical issues in treating trauma and substance abuse
- \* Increase empathy and understanding of trauma and substance abuse
- \* Learn how to conduct Seeking Safety, an evidence-based model for trauma and/or substance abuse
- \* Obtain assessment and treatment resources
- \* For more information on Seeking Safety, visit [www.seekingsafety.org](http://www.seekingsafety.org)

*Lunch is included. Clock hours will be provided by Skagit County Public Health for participants who complete the full training.*

Questions?

Contact Alicia Hughes, Skagit County Public Health  
at 360-416-1546 or [aliciah@co.skagit.wa.us](mailto:aliciah@co.skagit.wa.us)